



Hello,

Thank you for your letter of interest in the Level three NCCP coaching course. The final details have been worked out and the course will be held in Ottawa in October. The course instructors are Roy Hillier and Lionel Wolfe. It will take place at the Heron Road Community Center, 1480 Heron Road, on October 4, 5, 18, 19, from 08h30 to 17h00 daily. This will likely be one of the last Level three courses prior to the introduction of the nine modular session format. The course will be \$250.00 and is designed to break even. The course is limited to 20 registrants, and is first received, first confirmed basis.

The level three theory course is a high performance driven course aimed at coaches who want to take their knowledge and education to the next level. It is a 28 hour session that provides a multi sport interactive learning experience for coaches, through group exercises and discussions. The level three theory covers coaching principles through such modules as planning, role of the coach, development of skills, analysis of skills, mental training and physical preparation. Following an in-depth analysis into these topics you will complete a yearly plan for your athlete(s). This project is called the YPI (yearly planning instrument) it puts into practice all that you have learned from the group discussions, workbook assignments and your own coaching knowledge and experiences.

The "Quest for Gold" program is a bursary program that helps offset the price after you have passed the course. For more info, please visit <http://www.coachesontario.ca/q4g/>

For confirmation of your registration, please complete the following information and forward a cheque addressed to "Ottawa Internationals' Soccer Club- NCCP level 3".

Name
Mailing address
e-mail address
home phone no.
work phone no.
Primary sport

Thank you and see you in October.

Ben Robert
Ottawa Internationals' Soccer Club,
U16 Division 1 coach
Pager 613.594.1787

Ottawa Internationals S.C.
1237 Newmarket St.,
Ottawa, Ontario
K1B 5N6

phone (613) 745-7400
fax (613) 745-8220
operations (613) 745-5009
www.ottawasoccer.com